

COFFEE, TEA & LIQUERS

COFFEE LOVERS

Signature 100% Rainforest Alliance Certified Blend, Decaf or Single Origin Coffee of the Week

	MEMBERS	GUESTS
CUP	4	4.7
MUG	4.6	5.1
Capuccinno, Flat White, Latte, Mochacinno, Long Black, Hot Chocolate, Short Black, Piccolo, Macchiato, Ristretto, Chai Latte (Non-Coffee)		
EXTRAS	1	1.5
Extra Shot		
Soy Milk, Almond Milk, Coconut Milk, Lactose Free, Malt, Cream, Marshmallows	0.8	1.3
SYRUPS	0.8	1.3
Vanilla, Caramel, Hazelnut		

BUN ORGANIC TEA

CUP	4	4.7
POT	6.1	6.6
English breakfast, Earl grey, Green, Masala chai, Peppermint, Chamomile		

LIQUER COFFEE

Baileys, whiskey, Kahlua, Galliano, Tia Maria, Rum	10	12
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COLD DRINKS

CLASSIC MILK SHAKES	5.9	6.9
Banana, Chocolate, Caramel, Strawberry, Vanilla		

GOURMET THICK SHAKES	6.9	7.9
Banana, Strawberry, Chocolate, Salted Caramel, Nutella or Vanilla Malt		

ICED COFFEE	6	7
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FRAPPES

Blended signature coffee, milk & ice topped with whipped cream

COFFEE CRUSH	6.9	7.9
MOCHA CRUSH	7.5	8.5
CARAMEL CRUSH	7.5	8.5

FRESHLY JUICED

FEEL GOOD	8	9
Carrot, celery, apple, beetroot, fresh ginger		

SIMPLY ORANGE

Nothing but fresh OJ

TROPICAL GREEN

Apple, pineapple, orange, celery, kale

CITRUS OASIS

Pineapple, orange, lemon, cucumber, fresh mint

SMOOTHIE BAR

BERRY BOOSTER	9	10
Amazonian acai berry, blueberry, raspberry and strawberry with coconut milk		

BANOFFEE BLITZ

Banana, salted caramel, cookie dough ice-cream, almond milk

PINK PASSION

Pink dragonfruit, mango, passionfruit, low fat frozen yoghurt, coconut milk

GOLDEN COAST

Mango, banana, strawberry, low fat frozen yoghurt, coconut milk



CAFE

MENU



SOMETHING LIGHT

	MEMBERS	GUESTS
TOAST Choice of breads (2 Slices) served with butter, honey, jam, nutella or vegemite GLUTEN FREE ADDITIONAL	4.5 0.5	5 0.8
CROISSANT Toasted with butter, honey, jam, nutella or vegemite Toasted with ham & cheese	5.9 6.9	6.9 7.9

SANDWICHES

MIXED SANDWICH PLATE Selection featured in the cabinet	8	9
MADE TO ORDER Wrap or Bread, fresh or toasted with 1 meat and 3 salad items Gluten Free Additional	9 0.5	10 0.8

OPEN MELTS

1 or 2 slices on Turkish Toast

1 SLICE	9	10.9
2 SLICES	12.9	14.9
QUEENSLANDER Ham, pineapple, mayo, Jack cheese blend		
TURKEY MELT Turkey breast, cranberry spread, avocado, Swiss cheese		
CHICKEN LOCO Chicken, crispy bacon, pineapple, mayo, Jack cheese blend		

FAVOURITES

CROQUE MONSIEUR Shaved ham, gruyere cheese, maple mustard, bechamel on toasted sourdough	9	10
BLT Rasher bacon, lettuce, tomato, BBQ sauce on toast	12	14
B&E Fried egg, rasher bacon, melted cheddar, smokey BBQ on Texas toast	12.5	14.5
TURKEY CLUB Turkey breast, cheddar, rasher bacon, fried egg, avocado, lettuce, tomato, mayo on Texas toast	15	17

SIGNATURE RANGE

AVO & HALOUMI STACK Avocado, tomato, grilled haloumi, mixed seeds, balsamic & truffle glaze on toasted sourdough	11.5	13.5
GRILLED CHICKEN & MAPLE BACON Seasoned chicken breast, avocado, chipotle aioli, tomato, bacon rasher on Turkish bread	12.5	14.5
RED REUBEN Roast beef, red cabbage, melted Swiss cheese, Russian dressing on Turkish bread	12.5	14.5
SMOKED SALMON & FETTA Sliced salmon, red onion pickle, cucumber, avocado, fetta, basil, roast garlic aioli on Turkish bread	12.9	14.9

10% Surcharge applies on public holidays

Please make staff aware of any allergies or dietary requirements when placing your order.

SALADS

	MEMBERS	GUESTS
<i>(All based on our Healthy Fix Salad Bowl with mixed leaves, quinoa, cherry tomatoes, carrot)</i>		
BUILD YOUR OWN Healthy Fix Salad Bowl with your choice of 1 meat Smoked salmon additional	15.5 8	17.5 9
CHICKEN CAESAR POWER BOWL With chicken breast, kale, roast garlic aioli, avocado, parmesan, boiled egg	16.5	18.5
BURRITO BOWL With crumbled fetta, avocado, black beans, corn chips (Choose pulled pork or chicken breast)	16.5	18.5
CHARRED PUMPKIN & HALOUMI SALAD With pumpkin, diced beetroot, haloumi, walnuts, toasted seeds Add Moroccan Lamb Tenderloin	15.5 6	17.5 7

CAFE CLASSICS

SOUP House made soup served with a dinner roll	7	8
NACHOS		
BEEF House made mild beef chilli con carne, beans, Mexican cheddar, salsa, guacamole, sour cream	15.5	17.5
VEGETARIAN Black beans, salsa, guacamole, Mexican cheddar, sour cream	13.5	15.5
LOADED GOURMET SPUDS	13.5	15.5
WILD HOG BBQ Pulled Pork, Jack cheese blend, sour cream, crispy bacon		
MEXICAN BEEF House made mild beef chilli con carne, beans, Jack cheese blend, sour cream, guacamole		
HAWAIIAN Shaved honey ham, pineapple, Jack cheese blend, sour cream		

PASTRIES

(All served with a side of our Healthy Fix Salad)

PIES Our gourmet selection is available from the window	13.9	15.9
QUICHE Today's fresh flavour is available from the cabinet	13.9	15.9
LASAGNE Housemade Premium Beef or Pumpkin, Ricotta & Spinach	13.9	15.9

