

WELLBEING, BUILT INTO EVERY EVENT

Book your next winter event at Mantra Paramatta to receive complimentary wellbeing upgrades that support energy, focus, flexibility and long-term performance.



YOUR WELLNESS UPGRADES

Choose two complimentary upgrades to elevate your Delegate Package.



Fuel

Seasonal whole fruit display available throughout the day
OR
Green herbal iced tea station available throughout the day

Valued at \$15 per person / per day



Focus

Self-guided Stretch & Reset cards encouraging short movement breaks
OR
Hydration hub featuring electrolyte-infused or coconut water

Valued at \$15 per person / per day



Future

Gratitude Wall encouraging shared reflection
OR
Upcycle Corner promoting conscious reuse of conference materials

Valued at \$200



Flexibility

Early meeting room access for bump-in
OR
Early or late room access for keynote speakers

Valued at \$200-\$800

LET'S MAKE IT EVEN MORE REWARDING!

Earn Reward and Status points through ALL - Accor Live Limitless and redeem them towards future events, hotel stays and experiences.

Not a member yet? Join for free and start earning from your very first eligible event.



MEETINGS
& EVENTS

DISCOVER MORE

Prefer to chat with us direct?

Email us at parramatta.events@mantra.com.au to request a quote.



*Terms and Conditions apply. This offer applies to new bookings only and must be referenced at the time of enquiry to receive the advertised value-add inclusions. A minimum of 10 accommodation rooms and 30 conference delegates per day is required to qualify. Inclusions are available exclusively with the Full Day Delegate Package and must be utilised on the same day as the package booking. The organiser may select any two of the four advertised offers. All inclusions are subject to availability at the time of booking, and minimum catering spend requirements apply. Any inclusions not used on the booked day are forfeited and cannot be redeemed later, exchanged for cash, or substituted for alternative benefits. This offer cannot be combined with any other promotion or discount. Events must be booked by 30 April 2026 for delivery between 1 June and 30 September 2026.